Introduction to Biosynthesis and an informational open house for SBGI

With Gabriele Hoppe

Co-hosted by the Santa Barbara Graduate Institute

Thursday, August 7 2008, 5.30-8.30 p.m.

Save the date: You are invited to attend an introduction to Biosynthesis and an informational open house for the Santa Barbara Graduate Institute on August 7 2008.

Please come and join us to experience this profound work, whether you are a professional health care practitioner, mind, body and energy therapy practitioners (including Feldenkrais, Rolfing, chiropractors, acupuncturists, psychotherapists)—or a lay person interested in a deeper connection to self.

All are welcome to this FREE event at SBGI room 302 Thursday, August 7 from 5.30 - 8.30 pm. No need to rsvp.



Santa Barbara Graduate Institute 525 E. Micheltorena, Santa Barbara, CA 93103

This workshop will introduce both theory and practicum in Biosynthesis training



What is Biosynthesis? Biosynthesis is somatic psychology approach devolved by David Boadella, PhD and includes lectures, treatment exercises, and meditations to enhance the participant's quality of life as well as to inform the participant's professional skills.

This integrative study of the practice of body-oriented psychotherapy, addresses the whole human being which includes body, psyche, and soul, as well as the transpersonal dimensions.

Participants will become acquainted with basic theories and methods that constitute some of the major somatic-psychological practices and their clinical application. Topics include body and breath awareness, self– regulation, the embodied therapist, the facets of experience, and the body as gateway to presence. The word Biosynthesis means "integration of life" and that is precisely what this work is about: harmonious integration of breathing patterns, muscle tone, and emotional expression; integrating feeling, thinking and acting; grounding the qualities of our essence in everyday reality..

http://www.biosynthesis-institute.com/article_1.htm

The next Biosynthesis Certification Program in Santa Barbara located at SBGI will begin Sept. 2008 for new applicants. It is a great privilege to have trainer Gabriele Hoppe from Germany travel here to Santa Barbara, the location of the only Biosynthesis training offered in the United States. www.biosynthesis-institute.com/training.htm



Gabriele Hoppe, MA has been a trainer of Biosynthesis since 2000 and a therapist since 1992. She trained with David Boadella and Silvia Specht-Boadella in Switzerland. She is also a teacher of the German Acupuncture Society. She has co-created with acupuncturist and author Gabriel Stux, "Energy Medicine and Therapy" which is a unique combination of Chinese Medicine and Biosynthesis. Gabriele's specialty focus on prenatal and perinatal psychology and early developmental issues. She has trained extensively in the work of Moshe Feldenkrais and Eutonie, in addition to training with Chuck Spezzano and Carl Simonton.

The International Institute for Biosynthesis IIBS is a center for Biosynthesis research and training, lead by Silvia Specht-Boadella and David Boadella. Biosynthesis as a Body-Psychotherapy is recognized by the European Association of Psychotherapy and by the World Council of Psychotherapy as an independent mainstream of psychotherapy. It is represented by the European Association for Body-Psychotherapy, based in



Geneva. The IIBS is a member of the World Council for Psychotherapy (WCP), the European Association for Psychotherapy (EAP) and "Medicina Alternativa Internacional," among others.

For more Information call Lillian Kurosaka 805 708 5164, email Ikurosaka@yahoo.com, call Lori Guynes 805 681 6225, or call SBGI at 805 963 6896.

