

Biosynthesis Certification Program in Santa Barbara

The next Biosynthesis Certification Program will begin January 2010 with international trainer Gabriele Hoppe in Santa Barbara, California. This somatic psychology program includes lectures, treatment exercises, and meditations to enhance the participant's quality of life as well as to inform the participant's professional skills. The training is designed to run in conjunction with your profession and consists of a four-year curriculum, three-year foundation training, and one-year advanced training. Each year includes four units taught over four days, Thursday through Sunday. Additionally, there are optional week-long intensive studies at Esalen in Big Sur, California.

Graduates in the human sciences are accepted, as well as professionals who work in a psychosocial field or similar degree courses. We welcome body therapists, psychotherapists, practitioners of alternative medicine such as acupuncturists, people working in the educational field, and lay people who like to deepen their knowledge. In each training unit there may be some places for guests available, however, **class size will be kept small to preserve the intimate nature of the group and the work.**

Please see below for special introductory offer for Unit 1 and the application form, fee, times and dates for all the units taught in 2010.

The roots of Biosynthesis connect very well to Eastern and Western medicine.

Biosynthesis is a somatic and depth-psychology oriented therapy with a strong focus on the spiritual level. The word Biosynthesis means "integration of life". Biosynthesis encourages organic growth, personal development and spiritual integration. This study is a process-oriented path of development, which recognizes the individual as unique and multi-dimensional. The objective of our work is to forge a link between the three aspects of human existence:

- Somatic or body existence
- Psychological experience
- Spiritual essence

When we work with the body in the context of Biosynthesis, we draw upon the principals of embryology. We aim to integrate and harmonize breathing patterns, muscle tone and the expression of emotion, so that they flow together as a whole. The methods of Biosynthesis are oriented around the principles of organic growth. We work with physical movement such as the waveforms of rhythmic breathing to release inhibited intentionality and stimulate new embodiments of the psyche.

When we work with the psyche, the aim is to integrate feeling, thinking and acting. These are the three most important factors that form and shape an individual. Biosynthesis also relates to the human potential hidden within a trauma, as well as the function of somatic resonance and interpersonal presence.

The spiritual foundation of Biosynthesis emphasizes the central aspects of empathy- for our self as well as for others. It is based on the idea that the qualities of our essence need to be "grounded" in everyday reality. When we work with the energy field and energy body we can influence the psychic body, illnesses or disturbances and strongly affect our health. The work of Bob Moore, a healer from Denmark, is integrated into the spiritual aspect of Biosynthesis.

International Institute for Biosynthesis, Switzerland

The International Institute for Biosynthesis IIBS is a centre for Biosynthesis research and training, lead by Dr. Silvia Specht-Boadella and Dr.hc David Boadella. Training institutes in 20 countries worldwide are affiliated to the Institute. The IIBS is a member of the World Council for Psychotherapy (WCP), the European Association for Psychotherapy (EAP) and "Medicina Alternativa Internacional," among others. The IIBS plays an active part in various international psychotherapy associations; on the board of the scientific recognition committee at the EAP, in the psychotherapy and spirituality workgroup at the WCP, and in many other capacities as well.

Unit 1: As an invitation to experience the work of Biosynthesis, Unit 1 will be held January 7-10, 2010 and February 11-14, 2010 to provide two opportunities to become familiar with this work. Participants may come to either the January workshop or the February one. Commitment for the three-year training may be decided after taking this unit. Unit 1 is at an introductory fee of \$600. Location and directions will be sent upon receipt of Unit 1 deposit.

Unit 1 will emphasize the root chakra and the spine as the basis of autonomy, and the difference between over-grounded and under-grounded character tendencies. A main theme is the understanding of the motoric fields as patterns of developmental movement and expressive gesture. Major teaching themes are holding patterns in the body, polarity tendencies in the body and impulse qualities in movement.

Unit 2 will emphasize the hara chakra and the pre- and perinatal aspects of experience, womb life and birthing process. Breathing patterns, hyper- and hypoventilation, the polarity between containment and release will be presented.

Unit 3 will emphasize the first year of life, the throat chakra, healthy needs and patterns of addiction. Biosynthesis principles of elements of touch as a form of healthy nourishment are taught.

The first year course schedule:

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Unit 1: Founding January 7 – 10, 2010

Unit 1: Foundation February 11 – 14, 2010

Unit 2: Grounding April 22 – 25, 2010

Unit 3: Centering August 2010

Unit 4: Bonding November 2010

Time Schedule for all classes:

Thursday 5pm – 10pm

Friday 10am – 7pm

Saturday 10am – 6pm

Sunday 9.30am – 3pm

Tuition Application and Fees: Confirmation, location and directions will be sent upon receipt of deposit/tuition.

Name: _____ Profession: _____

Address: _____ City: _____ State: _____

Email: _____ Phone: (____) ____ - _____

Unit 1 is at an introductory fee of \$600.

Units 2, 3, and 4 tuition is \$2070.00.

Guest tuition is \$720 per Unit.

To reserve a space for the Unit 1 training, please send a check for \$300 by December 7, 2009. Remainder due January 7, 2010.

To reserve a space for Units 2, 3, and 4, please send \$1035 by February 22, 2010. Remainder of the tuition is due by August 1, 2010.

10 % reduction for students of the Santa Barbara Graduate Institute is possible. Please contact Gabriele Hoppe at gabriele.hoppe@mac.com

Application forms and tuition should be mailed to Lillian Kurosaka, Energy Medicine, 924 Anacapa St., 2F, Santa Barbara, CA 93101

For additional information: please email Gabriele: gabriele.hoppe@mac.com
or contact Lillian Kurosaka by phone 805 708 5164
or email lkurosaka@yahoo.com