



Gabriele Hoppe

Gabriele Hoppe, born in 1956, has devoted her life to improving the quality of the individual's embodied life experience. Her work began in social education, focusing on children in custodial care taking situations. She quickly became dissatisfied with the disparity between the needs of the children and the available options to improve their quality of life. This experience galvanized her mission.

She became a diplomate psychotherapist and art therapist, acquiring a long history of experience and training in body psychotherapy. Gabriele is a member of the World Council of Psychotherapy. She has trained extensively in the work of Biosynthesis, Moshe Feldenkrais and Eutonie, in addition to training with Chuck Spezzano and Carl Simonton.

Gabriele is also a teacher of the German Acupuncture Society. She has co-created with acupuncturist and author Gabriel Stux, "Energy Medicine and Therapy" which is a unique combination of Chinese Medicine and Biosynthesis. In 1999, she began teaching in Europe, Switzerland, Israel, Brasil and the United States and continues in an active and dynamic role as an international educator. She is a faculty member of the Santa Barbara Graduate Institute, teaching in the Certification Program at Esalen.

In her private practice, Gabriele includes a specialty focus on prenatal and perinatal psychology: teaching midwives how to support their client's pregnancy; dissolving the pattern of delivery that we experienced in our own transition from the womb; and guiding women during pregnancy and delivery. Additional specialty experience includes supporting people in hospice care and guiding transitions from life to death.

Gabriele's immersion in Biosynthesis afforded her the opportunity to assist co-founder Dr. Silvia Specht-Boadella and founder Dr. hc. David Boadella in Switzerland since 2000, after studying Biosynthesis for 5 years with them. She has earned the highest levels of training as a diplomate psychotherapist of Biosynthesis, international trainer, and supervisor. Her work is rooted in this multi-dimensional, multi-cultural approach.